

2021 ASPIRUS HEALTH PLAN MEDICAL SERVICES REQUIRING AUTHORIZATION

Aspirus Health Plan works with delegated organizations to handle the following types of authorization, so they are not included in this list of medical services requiring authorization.

- Chiropractic care
- Dental care
- Pharmacy
- Outpatient Physical, Occupational and Speech Therapy

The following medical services require Authorization or Notification:

- Acute Inpatient Rehabilitation
- Back (Spine) Surgery
- Bariatric Surgery (Gastric Bypass)
- Bone Growth Stimulator
- Cosmetic or Reconstructive Procedures
- Cranial Nerve Stimulation
- Detox (Inpatient Admission)
- Durable Medical Equipment – RENTAL
- Durable Medical Equipment – PURCHASE
- Genetic Testing for Cancer
- Inpatient Hospital, Acute
- Inpatient Hospital, Observation
- Long-Term Acute Care Hospital (LTAC)
- Proton Beam Therapy
- Skilled Nursing Facility & Swing Bed
- Spinal Cord Stimulator
- Transplant
- Vein Procedures
- Wheelchair & Accessories – RENTAL
- Wheelchair & Accessories – PURCHASE

Update January 2021

2021 UCARE BEHAVIORAL HEALTH SERVICES REQUIRING AUTHORIZATION

The following Behavioral Health services require Authorization or Notification:

- Adult Day Treatment
- Children's Residential Treatment
- Crisis Residential
- CTSS Children's Day Treatment
- CTSS Community Support Services
- CTSS Skills Training
- CTSS Therapeutic Behavioral Services
- Diagnostic Assessment
- EIDBI
- Inpatient Mental Health Admission
- Inpatient Substance Use Disorder Admission
- Intensive Outpatient Dialectical Behavior Therapy (DBT)
- Intensive Residential Treatment Services (IRTS)
- Intensive Treatment in Foster Care (ITFC)
- Mental health service plan development by non-physician **OR** Treatment plan development and review
- Outpatient Substance Use Disorder Treatment
- Partial Hospitalization
- Peer Recovery Support
- Psychiatric Residential Treatment Facilities (PRTF)
- Psychological & Neuropsychological Testing Administration and Scoring
- Psychotherapy Family
- Psychotherapy Individual & Group
- Substance Use Disorder Residential Treatment
- Transcranial Magnetic Stimulation
- Treatment Coordination

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