

Personal Health Summary

Keep your personal health summary handy, and bring it to your health care appointments.

Enter the date of your preventive care by updating your health information after each doctor visit.

TEST	INITIAL TEST	UPDATE #1	UPDATE #2	UPDATE #3	UPDATE #4
PREVENTIVE EXAM					
WEIGHT					
HEALTH RISK ASSESSMENT					
HEARING EXAM					
VISION EXAM					
INFLUENZA VACCINE					
TETANUS VACCINE					
PROSTATE EXAM					
COLONOSCOPY					
MAMMOGRAM					
PAP SMEAR					
TOTAL CHOLESTEROL					
HDL					
LDL					
TRIGLYCERIDES					
OTHER					